

Kyu Promotion Test Requirements

January, 2010

8 Kyu	Minimum of 3 months practice since starting Aikido and under 15 years of age.		
Waza	Zenko, Kouho-Ukemi Shikko (mae) IkkyoUndo-Zengo, Shiho(tachiwaza) Uchikata(shomen,yokomen,tsuki) Aihanmi-Katatedori -Iriminage,Ikkyo, Gyakuhanmi-Katatedori -Kokyunage		
7 Kyu	Minimum of 3 months practice since starting Aikido.		
Waza	including 8 th kyu waza. Funakogi-Undo Taisabaki (irimi, tenkan, kaiten) Sayu-kokyuhundo Gyakuhanmi-Katatedori -Ikkyo, Iriminage, Shihonage Munadori - Iriminage, Shomenuchi -Ikkyo		
6 Kyu	Minimum of 20days of practice since last examination.		
Waza	Tobikoshi-Ukemi Shikko (mae, ushiro) IkkyoUndo-Shiho (tachiwaza,zagi) Sabaki-Kata (shomen, tsuki) Ryotedori -Ikkyo, Nikyo, Tenchinage Aihanmi-Katatedori -Shihonage Shomenuchi -Iriminage Gyakuhanmi-Katatedori -Kaitennage(uchi-kaiten)		
5 Kyu	Minimum of 30 days of practice after 6 th Kyu		
Waza	Ken	Suburi-no-bu (tachiwaza)	Jo Tsuki-no-bu (basic-stance)
	including 6th Kyu waza. Shikko-Kaiten IkkyoUndo-happo(tachiwaza,zagi) Zagi-Kokyuhou Yokomenuchi -Ikkyo, Nikyo ,Iriminage, Shihonage Shomenuchi - Nikyo, Sankyo Ryotedori - Kokyunage		
4 Kyu	Minimum 40 days of practice after 5 th Kyu.		
Waza	Ken	Kirikaeshi-no-bu (tachiwaza)	Jo Tsuki and Men-no-bu (basic-stance)
	Shomenuchi -Kotegaeshi, Shihonage, Kaitennage (uchikaiten) Tsuki - Ikkyo, Nikyo Munadori -Sankyo Yonkyo Katate-Ryotedori -Iriminage, Kokyuhou Zagi - Shomenuchi -Ikkyo, Nikyo, Iriminage		
3 Kyu	Minimum 50 days of practice after 4 th Kyu.		
Waza	Ken	Suburi and Kirikaeshi-no-bu (tachiwaza,zagi)	Jo Tsuki, Men, Katate and Hasso-no-bu (basic-stance)
	Tsuki -Kotegaeshi, Shihonage Ryotedori - Ikkyo ~ Yonkyo Yokomenuchi - Kaitennage (uchi, soto-kaiten) Ushiro-Ryotedori - Iriminage, Kokyunage Hanmi-Handachi-Ryotedori -Shihonage Zagi - Shomenuchi -Kotegaeshi Zagi - Katatedori - Ikkyo ~ Yonkyo,		
2 Kyu	Minimum 60 days of practice after 3 rd Kyu.		
Ken	Ashino-Fumikae-no-bu, (tachiwaza) Tsuki-no-bu(tachiwaza,zagi)		
Jo	13 no Jo (left-hanmi) Tsuki, Men, Katate, Hasso and Nagare-no-bu(basic-stance)		
Tachi waza	Katate-Ryotedori - Iriminage (2 ways) Yokomenuchi - Ikkyogaeshi ,Kotegaeshi, Munadori -Ikkyo ~ Yonkyo Gyakuhanmi-Katatedori -Koshinage		
Hanmi Handachi	Katatedori - Ikkyo ~ Yonkyo , Kotegaeshi, Kaitennage (uchi -kaiten)		
Zagi	Yokomenuchi -Ikkyo ~ Yonkyo, Kotegaeshi, Iriminage,		
Ushirowaza	Ushiro-Ryotedori -Ikkyo ~ Yonkyo, Kotegaeshi, Ushiro-katate-kubijime -Sankyonage		
Jiyu waza	Gyakuhanmi-Katatedori Shomenuchi Katate-Ryotedori		
1 Kyu	Minimum 70 days of practice after 2 nd Kyu.		
Ken	Basic-Movements Front and Back (tachiwaza,zagi): Suburi, Kirikaeshi, Tsuki no bu		
Jo	31 no Jo (left hanmi) Tsuki, Men, Katate, Hasso and Nagare-no-bu (left and right hanmi)		
	Shikko-Kaiten (2 ways)		
Tachi waza	Katadori -Menuchi-Ikkyo ~ Yonkyo, Iriminage Ryotedori - Kotegaeshi (2 ways) Shomenuchi -Kaitenosae (uchi, soto-kaiten), Udegarami, Ikkyogaeshi ,Koshinage		
Hanmi Handachi	Shomenuchi -Ikkyo ~ Yonkyo, Kotegaeshi, Iriminage		
Zagi	Tsuki -Ikkyo ~ Yonkyo, Iriminage		
Ushiro waza	Ushiro-Ryotedori -Shihonage, Jyujigarami, Ushiro-Ryohijidori -Kotegaeshi Ushiro-Katatedori-Kubijime -Ikkyo ~ Yonkyo, Iriminage		
Jiyu waza	Tsuki Katate-Ryotedori Yokomenuchi		

Jo-no-bu

Tsuki-no-bu	1.Chokuzuki 2.Kaeshizuki 3.Ushirozuki 4.Tsuki-gedangaeshi 5.Tsuki-jodangaeshi
Men-no-bu	1.Shomenuchikomi 2.Renzokuuchikomi 3.Menuchi-Ushirozuki 4.Menuchi-gedangaeshi 5.Hidariyokomen-ushirozuki
Katate-no-bu	1.Katate-gedangaeshi 2.Katate-tomauchi 3.Katate-hachinojigaeshi
Haso-no-bu	1.Hasogaeshi-uchi 2.Hasogaeshi-tsuki 3.Hasogaeshi-ushirozuki 4.Hasogaeshi-ushirouchi 5.Hasogaeshi-ushirobarai
Nagare-no-bu	1.Hidarinagare-kaeshi-uchi 2.Miginagare-kaeshi-tsuki

Ken-no-bu

Suburi-no-bu	1.Shikodachi 2.Hanmi(migi,hidari) 3.Zengo(migi,hidari) 4.Shiho(migi,hidari) 5.Happo(migi,hidari)
Kirikaeshi-no-bu	From 2 to 5 must be performed both standing (<i>tachiwaza</i>) and sitting (<i>zagi</i> .)
Ashi-no-fumikae no-bu(kihon,tsuki)	1.Mae – suburi (migi,hidari) kirikaeshi(migi,hidari) 2.Ushiro– suburi (migi,hidari) kirikaeshi(migi,hidari)
Tsuki-no-bu (kihon.fumikomi)	1.Hanmi(migi,hidari) 2.Zengo(migi,hidari) 3.Shiho(migi,hidari) 4.Happo(migi,hidari) All must be performed both standing (<i>tachiwaza</i>) and sitting (<i>zagi</i> .)